



Priesthill Counseling Services

Scope of Services

Priesthill Counseling Services strives to facilitate the development of Covenant College students by providing psychological interventions to promote their holistic well-being. Priesthill Counseling Services has the following roles in advancing the educational mission of Covenant College:

- Providing quality clinical services that help students achieve their academic and personal goals. This includes facilitating the students' awareness of their individual purpose through knowing their identity in Christ, while helping them grow emotionally, socially, spiritually, and beyond.
- Educating the campus community on psychological and developmental needs of students through outreach programming and expert consultation.
- Responding to crisis and the impact of crisis on individual students and the campus community through support and intervention

Priesthill Counseling Services is committed to delivering quality care while providing a range of short-term mental health services focused on helping Covenant students effectively meet a desired change or goal. Clinical services include initial intake assessments, individual counseling, group counseling, psycho-educational programs, and referral to community resources where appropriate. All students are welcome to walk in or call to make an initial assessment to discuss their concerns with a counselor.

Although Priesthill Counseling Services provides a variety of therapeutic interventions, sometimes a student's needs require a more intensive level of care than can be provided in a college counseling center. During those times, our staff will work with a student to determine the most effective levels of care for their needs. Priesthill is well connected with resources on Covenant's campus and in the greater North Georgia/Chattanooga community and will partner with a student to help them transition should this be the case. Students with the following concerns and characteristics will likely need a different type or level of care than within the scope of Priesthill. The list below reflects general guidelines and is intended only as a guide. Situations that may require a transition of care and an outside referral include:

- A need or request to be seen more than once a week for individual therapy and/or frequent consultation after hours that cannot be stabilized with short term crisis intervention
- A need or request for uninterrupted individual services from semester to semester
- A need or request for a treatment modality not provided by Priesthill staff
- A need or request to be seen differently than what is clinically recommended

- Students who are unable to comply with treatment
- Request for: Psychological testing of any kind (ADHD, learning disabilities, for professional school application, employment security assessment, litigation or legal adjudications)
- Presence of one or more of the following, such that the best treatment would be an intensive outpatient program (IOP) or higher level of care:
 - Alcohol and Other Drug Addiction
 - Severe Eating Disorders where outpatient treatment is contraindicated, or is not responding to outpatient treatment
 - Chronic thoughts and/or attempts of self-injury and/or suicide

Sometimes there are issues that go beyond Priesthill's scope, but there is still a need for interim counseling or consultation while appropriate referrals are arranged. The following are examples of such issues:

- Significant or chronic disordered eating symptoms posing medical danger
- Significant or chronic substance use/abuse which compromises therapy
- Active symptoms of psychosis at risk for progressive deterioration